

SNAP

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

Many Americans living in poverty do not have access to healthy food at a reasonable price, compelling them to make unhealthy food choices. The goal of SNAP is to increase food security and access to a healthy diet among low-income households.

A framework for determining the feasibility and defining the adequacy of SNAP allotments.

FACTORS AFFECTING FOOD SECURITY AND ACCESS TO A HEALTHY DIET

TOTAL RESOURCES



Financial/In-Kind Income

- SNAP benefits
- Other program benefits
- Household income
- Other resources (e.g., emergency food assistance)



Amount of time available for securing/preparing food



INDIVIDUAL/HOUSEHOLD FACTORS

- Dietary knowledge
- Attitudes/preferences
- Cultural influences
- Skills/abilities
- Space/equipment
- Special needs



ENVIRONMENTAL FACTORS

- Prices
- Location
- Transportation

PROGRAM GOALS

- Food security
- Access to a healthy diet



PURCHASING AND CONSUMPTION PATTERNS

- Amounts of food
- Kinds of food



SNAP PROGRAM CHARACTERISTICS



Benefit Formula,
Eligibility Criteria



Nutrition Education



Allowed
Retail Outlets



Incentives/
Restrictions

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